

Your top rated skating club!

CanSkate 3+

CanSkate 5+ & 10+

Adaptive CanSkate 5+

CanPowerSkate

Junior Development

Adult CanSkate

StarSkate

The **TRI AREA SKATING CLUB** is proud of its history of providing quality skating instruction. A variety of skating lessons are available by fully certified professional coaches with group or personalized training.

The Tri Area Skating Club is dedicated to the principle of enabling skaters to participate in skating throughout their lifetime for fun, fitness and achievement.

We are a non-profit organization. We welcome sponsors; please contact us how your dollars can gain advertisement for your company.

TASC reserves the right to change/cancel any sessions due to lack of registrations.

No refunds after 2nd week for all group programs.



Professional Coaches

We offer nationally trained NCCP Certified Coaching Staff.

For any questions about our Learn-to-Skate programs contact:
groupcoordinator@triareaskatingclub.com

To inquire about figure skating programs contact:
clubdirector@triareaskatingclub.com

ON-LINE Registration opens March 26, 2026 @ 9am

www.triareaskatingclub.com
info@triareaskatingclub.com

Tri Area Skating Club
P.O. Box 3893
Spruce Grove, AB T7X 3B3
Phone: 780-201-8558



Tri Area Skating Club

Proudly serving the Tri Region



SPRING 2026

April 7th, 2026 - May 29th, 2026

Our Vision:
We are a family-values skating club, focused on developing the best skaters on and off the ice.

Group Programs

Sign up for 2 or more days/week and receive 10% off at checkout.
(Only applies to same skater)

CANSKATE 3+

is a Learn-to-Skate class for 3-5 yr olds. Skaters will be introduced to the ice and learn skating basics through games, music, circuits and creative expression in a safe and fun environment.

Skaters must be 3 yrs old by April 1
Classes are 30 minutes

Tuesday 6:00pm (TLC)
Wednesday 4:15pm (TLC)
Cost: 8 Classes \$130

CANSKATE 5+, 10+, Adaptive 5+

Skate Canada's Learn-to-Skate Program for 5 - 17 yr old's. Participants earn badges/ribbons while focusing on 3 fundamental areas (Agility, Balance and Control) divided into 6 stages. Music, warm-up, lessons, challenge exercise, fast track and cool-down provides an exciting and fun group program.

CanSkate 10+ is for skaters aged 10-17.
Skaters must be 5 yrs old by April 1 or have passed the CanSkate 3+ program
Classes are 45 minutes

Adaptive Canskate 5+ is for athletes of all abilities should have an equal opportunity to experience the joy of skating. Our adaptive program will help empower skaters with physical and cognitive disabilities or impairments to thrive

in the ice. This program is tailored to those who are just learning to skate or who may have some skating background.

CANSKATE 5+ Tuesday 6:00pm (TLC)
CANSKATE 5+ Wednesday 4:30pm (TLC)
CANSKATE 10+ Tuesday 6:45pm (TLC)
Adaptive CANSKATE 5+
Tuesday 6:45pm, (TLC)
Cost*: 8 Classes \$160



CANPOWERSKATE

Full hockey/ringette equipment recommended

CanPowerSkate is a power skating program geared to hockey & ringette skaters focusing on techniques & conditioning skills used in game situations. Classes are 45 minutes.

Monday 6:45pm (TLC)
Friday 6:45pm (TLC)
Cost*: 14 Classes \$250

ADULTCANSKATE

Adult CanSkate
Classes are 45 minutes.
Tuesday 6:45pm (TLC)

Cost: 8 Classes \$120

JUNIOR DEVELOPMENT

is a Learn-to-Figure Skate Program giving skaters their first introduction to the STARSkate Program. Skaters must have completed Stage 3 Badge and approval of the Head Coach and/or Group Program Coordinator to register in this program. Classes are 45 minutes.

Monday 6:45pm (TLC)
Friday 6:45pm (TLC)

Off-Ice Monday 5:45pm (TLC)
Cost*: 7 weeks, 2x a week \$270



TEEN 12+

Have a Teen who would like to Learn-to-Skate or improve skating skills? We have a few options for you.

For details contact us at
info@triareaskatingclub.com

ADULTSTARSKATE

Adult-Private
For StarSkate options contact:
clubdirector@triareaskatingclub.com

STARSKATE/COMPETITIVE

Star 1-10 Levels available
See Website for pricing/ fundraising/ volunteering requirements, and schedule

No Refunds after 2nd week of skating

\$62 Skate Canada Fee will be added to first registrations of the year and is non-refundable

Register Early as Spots are Limited

CSA-approved HOCKEY HELMET is mandatory for all GROUP PROGRAMS!

Proudly Sponsored by:

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